

Ino Turakki Pablo Sino Efesowera

Ino Mapeafu Sitawa Turak

Iyawa turak, neturakki Pablo sino nanguruwira a nakkakarampat sey Efeso anda sino korwanira a lubbun sey Asia Menor. Sin neturakkanna yaw, nabalud sey Roma gafu sino nangibanyanna sino nalawara damag mapeafu ki Afu Jesu Kristo.

Sino gafuna yawa turak, nepakaammuwi Pabloweno planowi Dios ta pittatanneno ammina ana sito lubag anna sey langit ta i Kristo pelangino afafura (1:10). Kunnantu, sinapi'na kappay sino manguruwira si pittatanda naddino nakanda gafu sino nesapatanda ammin ki Kristo takesi mekunnenno aggangwara sino planowi Dios.

Niyampariyi Pablo ta ipakaammuneno kekunnanneno pittatantama mangurug. Sinapi'na si amminira a mangurug, meyampariyira si partineno tata a baggi, e i Jesu Kristoweno kunnangke ulunenaya baggi. Sinapi'na kappay si kunnangke balayino manguruwira, e i Kristoweno kunnangke fundasiyonna. Neyamparingnga kappayi Kristo andino manguruwira sikwana si matawera.

Ana kappayino maammuwantam mapeafu sino nalawara akwanino matawera, abbing anda mapparanak, aripannira andino makwan aripan sikwara. Sino ambu'nenno turak, ana kappayino maammuwantam mapeafu sino iya'da i Dios sino manguruwira ta pimu'da nad sino baggira takesi ammayira balabaliyani Satanas.

Ino Bagga'na Yaw

Ino gafuneno turak *1:1-2*

Ino akkakokwaneno manguruwira ki Jesus *1:3-3:21*

Ino tuntulan naddino manguruwira *4:1-6:9*

Ino palanirino manguruwira *6:10-20*

Ino ambu'nenno turak *6:21-24*

Ino Gafuneno Turak

1 ¹Ikkanaki Pablo a apostoli Kristo Jesus gafu se antuweno urayi Dios. Antuyawino turakku sikwayuwa tolayi Dios sitan Efeso a mattalaginara mangurug ki Kristo Jesus. ²Allakkandakayu naddi Dios a Amatam anni Afu Jesu Kristo, e passianakkanda naddino nakandaw.

Ino Kakka'bawa Planowi Dios Sikwatam

³Dayawantammaddi Dios, a antuweno Dios anna Ama i Jesu Kristo a Afutam, se gafu sino nesapatantam ki Kristo, nepeya'dana sino Espirituna sikwatamino ammina nalawara maggabwat sey langit. ⁴Sin ammena kepay naparatu yo lubag, piniliretamunni Dios a mesapat ki Kristo takesi pabbalindetam si nadosana tolaya awana pakabalawantam so a'langnga. ⁵Gafu sino aggangamma sikwatam, dinandamma si'in si pabbalindetam si abbingnga gafu sino katayani Kristo, se antuweno panggammanna. ⁶Kunnantu, dayawantammaddi Dios gafu sino kakka'bawa alla'nga sikwatama nesapat sino iiddukanna a Abbingnga. ⁷Gafu sino nebubbuwa ada i Kristo sin natayanna, nawayanetam, ino anggamma sapitan, napakomanino liwattam. Nakwenay gafu sino dokalla allakki Dios ⁸sikwatama awana kakunnana. Oddu kappayino kinalainga neya'dana sikwatam takesi maawatantamino mappeafu sikwana andino nalawara aggangwa a tuntulantammad. ⁹Se nepakaammuna sikwatamino planona a ammena nepakaammu si'ina dinandamma a meyakkurug gafu ki Kristo. ¹⁰E kunyawino planona: nu masinduweno ammina makwa nad anna madatangngino fustuwa tiyempo, pittatannaneno ammina ana sito lubag anna sey langit ta i Kristo pelangino afafura.

¹¹Ammina makwa, makwa gafu sino planowi Dios si'in, e antu kappayino namiliyanna sikwami ta mabbalikami si tolona gafu sino nesapatammi ki Kristo. Antuwenin dinandamma si'in, ¹²takesi madayawino kinadosna gafu sikwamiya palunguwa minnanama ki Kristo a nekarina a gumamwang.

¹³Ikkayu pay, sin nadingngaddawino kakuruwana tulduwa antuweno nalawara damag mappeafu sino kesalakandaw, nanguruggayu ki Kristo e nesapakkayu sikwana. Antu gafuna, minarkandakayuwi Dios si tolona sin nanga'danna sikwayu sino nadosana Espirituna a nekarina. ¹⁴Ino Espirituwi Dios a ana sikwatam, antuweno pangammuwantam sino piyakkuruwani Dios si mawayawayaanetam anna appantamino ammina nekarina sino tolenera takesi madayawino kakka'bawa kinadosna.

Ino Karari Pablo

¹⁵Antu gafuna, nangiyafu sin naningngaggangu sino angnguruddaw ki Afu Jesus andino aggangandaw sino ammina bulundawira a

tolayi Dios, ¹⁶ ammek inibbattana mappasalamat ki Dios gafu sikwayu anna ikararantakayu kappay. ¹⁷ Ilyawangku sikwana a madandayawa Amatama dayawangkappayi Jesu Kristo a Afutam si iya'deno Espirituna sikwayuweno kinalaing anna ipakaammuna sikwayuweno mappeafu sino kinadiosna takesi maammuwandawingke. ¹⁸ Ilyawangku kappay si sirwatanneno nakandaw takesi maawatandawingke ino innanamantam gafu sino namiliyanna sikwatam anna takesi maammuwandawino kaoddu andino kinalawanneno iya'danana sino tolenera.

¹⁹ Ikararantakayu kappay takesi maammuwandawino katuyangngeno pannakadamana a manuffun sikwatama mangurug. Iyawa pannakadama, nekunna sino kakka'bawa pannakadamana a awana kakunnana ²⁰ a nepaitana sino nappaanggangoliyanna ki Kristo, kasena nepatuttud sino padiwananna sey langit. ²¹ Antuweno patturayanna sito ingkein, e nangatuweno turena amma sino ammina pangafuwan anna turay sito lubag annino ammina ammena maita sey langit a aneno turena. Awaningke a aneno turena a nangatu sikwana sito ingkein e kunna kappay so maddagguna aw. ²² Nepangatuwi Diosino turayi Kristo takesi antuweno mangituray si ammin, e antu kappayino piniliyi Dios si afafuweno amminira a mangurug. ²³ Antu gafuna, amminetama mangurug, meyampariyetam si baggiyi Kristo, e antuweno kunnangke ulutam. Kunnantu, ikkanetama manguruwino kunnangke mangumpletu ki Kristo a antuweno mangumpletu si amammin.

Ino Allakki Dios

2 ¹ Si'ina ammekayu kepay nangurug, kunnangke natekayu so angngita i Dios gafu sino liwa'dawira. ² Se sinuntuldawino narakkatta aggangweno ammera nangurug e kinuraddawino afafuweno narakkattira a espiritu sey kalekay a mangituray kappay sino tolayira a makkontara ki Dios. ³ Massiki ikkanetam ammin si'in, inangwatangkappayino pangammantama narakkat. Massiki sanneno panggammanino baggitam annino ana sino nakantam, antuweno sinuntultam. Kunnantu, gafu sinaya gagangetam, nesapatetam sino tolayira a kastigunna i Dios, se kakunnatamira a minalliwat.

⁴ Udde massiki tan nu kunnenoy, nappelalokkepayino allakki Dios gafu sino dokalla aggangamma sikwatam. ⁵ Massiki kunnangke natayetam gafu sino liwattam, na'dandetam si bawuwa biyag gafu sino nesapatantam ki Kristo. Ino allakki Diosino gafuneno nesalakantam. ⁶ Nesapa'detami Dios sino nangngangoliyani Kristo Jesus, e gafu sinay, makiturayetangkappay sikwana sey langit. ⁷ Inangwa i Dios inay takesi maita si makkikiyarino kadokkallino aggangamma annino alla'nga a nepaitana sikwatam gafu ki Kristo Jesus. ⁸ Se ino allakki Dios ino gafuna a nesalakanetam gafu sino nanguruwantam ki Kristo. Bakkanna gafu sino inangwatam, nu ammena lud naggabwat ki Dios.

⁹Kunnantu, ammetam dama a massangeleta massapit si ino kesalakantam, gafu sino nalawara aggangwatam. ¹⁰Se i Dios pelang ino nappabawu sino biyaddam gafu sino nesapatantam ki Kristo Jesus, e inangwana takesi akwantammaddino nalawad a dinandamma si'ina ipangwana sikwatam.

Ino Napatatantam Gafu Ki Kristo

¹¹Ikkayuwa neyanaka bakkanna Judyu, ammeyu nad kalyawanino akkakokwayu si'in. Se nelopalope'dakayuweno Judyuwera a nassapit si ammekayuwa nakugit, se aridda si ireno mebilang si tolayi Dios gafu sino nakugitanda, (gampade ino nakugitanda, inangwa pelangnga tolay sino baggira). ¹²Dandammandonad si si'in, ammeyu kepay inammuwi Kristo. Neferakayu sino gagginafuwera i Israel a piniliyera i Dios si tolena. Ammekayu kappay nesapat sino nekariyi Dios sino tolayira a gumamwangngeno misalak sikwara. Antuweno awana nalawad si innanamandaw sin nanuntulandaw sino dadana aggangwayu e aroyukayu kepay ki Dios. ¹³Udde sitoya, gafu se nesapakkayu ki Kristo Jesus, ikkayuwa aroyu si'in, nara'nikayun ki Dios anna sikwamiya tolena gafu sino ada i Kristo a nebubbu sino natayanna. ¹⁴Se i Kristoweno nanga'da si nalawara abbafaruluntama Judyu anna bakkanna Judyu. Nepittataneno nakantam se inarineno gafuneno pakkababannantam si kadda tata. ¹⁵⁻¹⁶Se sin natayanna sino krus, nepeibba'nenno lintingnga Judyu a odduweno tunna mappeafu sino gagangemiya Judyu takesi antu pelangino tuntulammiya Judyu anna ikkayuwa bakkanna Judyu. Sitoya, antu gafuneno nalawara abbafaruluntam, se nepabawuretama nabbali si kunnangke tata baggi gafu sino nesapatantam sikwana. Antuweno inangwana takesi para'nindetam ammin ki Dios. ¹⁷Ginamwangi Kristo sito lubag ta itulduneno nalawara damaga damana a mesapatetam ammin ki Dios, ikkayuwa bakkanna Judyu a aroyu ki Dios anna ikkamiya Judyu a ara'ni ki Dios. ¹⁸Kunnantu, gafu ki Kristo, makaara'niyetam ammin ki Dios a Amatam, se tata ke ino Espirituwi Dios a ana sikwatam.

¹⁹Antu gafuna, ikkayuwa bakkanna Judyu a ammena nebilang si tolayi Dios si'in, nesapakkayun sikwamiya tolayi Dios a turayanna. Nesapakkayu kappay sino abbingngera a kabbalenera. ²⁰Antuweno meyampariyetama mangurug si templowa pata'dagganni Dios. I Kristo Jesusino meyamparig si fundasiyonnenno templowa mappatuyag sino ammina partina. Ino apostolira andino mangipakaammu sino sapi'na, ireno meyamparig si postena, e ikkayuweno meyamparig sino korwana partina. ²¹⁻²²I Kristoweno manangngal sino ammina partineno templo takesi natuyaggino akkapa'da'nga. Gafu sino nesapatandaw sikwana, mebilangkayu sino ammina manguruwira a usaranni Dios a pangwa sino nadosana templona ta antuneno pagyananino Espiritu.

I Pabloweno Piniliyi Dios A Manuldu Sino Bakkannira A Judyu

3 ¹Antu ammin inayino dandammangku nu makkararak ki Dios. Ikkanki Pablo a nabalud gafu sino nasserbiyangku ki Kristo

Jesus para sino pallawarandawa bakkanna Judyu. ²Naammuwandaw si netalakki Dios sikwak iyawa tarabafuka mangipakaammu sikwayu sino alla'nga. ³Se nepakaammuwi Dios sikwakino planona a ammena nepakaammu si'in, e antu kappayino abba fawa sinapikku sitawa turakku. ⁴Nu basandaw si nalawad, maammuwandawino nepangammuk mappeafu sinaya planona a meyakkurug gafu ki Kristo. ⁵Awana nangammu sinay si'in, udde sitoya, gafu sino Espirituna, nepakaammuwi Dios sikwamiya pinilina a masserbi sikwana a apostolna anna mangipakaammu sino sapi'na. ⁶Antuyawino nepakaammuna. Gafu sino nanguruwandaw sino nalawara damag, mesapakkayuwa bakkanna Judyu sino nalawara iya'da i Dios sikwamiya Judyu, e mebilangkeyu sino amminira a mangurug ki Kristo a meamparig si baggina. Makiyadwakayu kappay sino nekariyi Dios a iya'dana sino ammina nesapat ki Kristo Jesus.

⁷Inalla'ngaki Dios, se gafu sino pannakadamana, netala'nga sikwak iyawa tarabafuka mangibanyag sino nalawara damag. ⁸Massiki ikkanakino kaabbafawan sino ammina tolena, pinilinak kepaya mangipakaammu sikwayuwa bakkanna Judyuweno kinalawanneno duffuni Kristo^a a awana kakunnana. ⁹Dinundundak kappayi Dios a mipalawag si ammina tolayino akwana takesi meyakkuruwino planona a neimanna kiyad sin awangkepay yo lubag. Se i Dios a namaratu si ammin, ammena nepakaammuweno planona kiyad to ingkein ¹⁰takesi maammuwan gafu sikwatam ammina mangurug. Se nu itanino pangafuwanirana anghel andino korwanira a ammena maita a turay sey kalekayino keyakkuruwanino planona mappeafu sikwatama mangurug, kasesa maammuwanino kinalaingnga andino kinalawanneno dinandamma. ¹¹Iyawira a inangwa i Dios, dinandamma sin awangkepay yo lubag, e sitoya, neyakkurunggan gafu ki Kristo Jesus a Afutam. ¹²Gafu se nesapatetam sikwana, ammetammad maatalla makkararag ki Dios, se ammutam si dingngaggandetam gafu sino angnuruddam ki Kristo Jesus. ¹³Kunnantu, ammekayu nad madismaya gafu se madyatanak para sikwayu, se antu keneno kadayawandaw.

Ino Aggangammi Kristo

¹⁴Nu madandangkuwerenay, mamalituraka makkararag ki Dios a Amatam. ¹⁵Antuweno minggan si Ama se antuweno naggabwatanino ammina ana sito lubag anna sey langit. ¹⁶Arangngangku sikwana ta pattuyaggannino Espirituneno nakandaw gafu sino pannakadamana andino kedayawanna a awana kakunnana, ¹⁷takesi mattalaginari Kristo sikwayu gafu sino angnuruddaw sikwana. Arangngangku kappay ta

^a 3:8 Ino tata kappaya anggamma sapitanna yaw sino dami'na Griego: ...kinalawari Kristo...

mantatuyaggino aggangandaw ki Dios andino bafulundawira ¹⁸takesi maawatandonad andino amminira a tolayi Diosino kadokkallino aggangammi Kristo sikwatam. ¹⁹Massiki ammenangke maawatan amminino aggangamma, madadagganan naddino pannakaammuyu sino aggangamma takesi mallalawarino aggangwayu makkiyad si mekunnakayu ki Dios a awana pakkuranganna. ²⁰Madayonaddi Dios a mannakadama si ammin, se oodduweno damana a akwan amma sino ammina arangngantam andino ammina dandammantam, gafu sino pannakadamaneno Espirituna a ana sikwatam. ²¹Amminetama mangurug, dayawantammaddi Dios si makkikiyad gafu ki Kristo Jesus annino nesapatantam sikwana.

Ino Pittatanino Manguruwira A Gumabaggiyi Kristo

4 ¹Ikkakana nabalud gafu sino passerbiyangku ki Afu Jesus, sapitangku sikwayu si tuntulandonaddino ammina mepangngatta akwandawa inayani Dios. ²Kunnayawino akwandonad, tagatulutulukkayu anna nannakangkayu nad. Attammandonaddino pakkuranganino bafulundawira gafu se makkaaanggangkayun. ³Akwandonaddino ammina damayuwa akwan takesi metulutuluyino pittatanino nakandawa naggabwat sino Espirituwi Dios. ⁴Amminetama nittata ki Kristo, kunnangke tatetama baggi anna tateno Espirituwi Dios a ana sikwatam. Tata kappayino innanamantam gafu sino nayani Dios sikwatam. ⁵Tateno Afutam, tateno angnguruddam, anna tata kappayino nabbawtisarantam. ⁶Tata kappayi Dios a Amatam ammin. Antuweno matturay sikwatam ammina mangurug, pangwandetam ammin sino panggammanna, e ana sikwatam ammin.

⁷Udde tatatata sikwatamino ina'dani Kristo si naddadaruma a pannakadama a metuntul sino anggamma a iya'da. ⁸Antu kappayino nepeturakki Dios mappeafu ki Kristo a sapitanna si,

“Sin nuli sey langit, nebulunnenno odduwera a inaffu'na, e ana kappayino neya'dana sino tolenera.”^b

⁹Sanneno anggamma sapitannino nuli sey langit? Anggamma sapitan si inang abbu sito lubag. ¹⁰Ino naddassa inang sito lubag, antu kappayino sinulluwa nuli sey langit, takesi antuweno matturay si ammin massiki sintawino agyananda. ¹¹Antu kappayino nanga'da si naddadaruma a pannakadama sino tolenera. Dinotukanneno korwanira a mabbali si apostol andino korwanira a mangipakaammu sino sapi'na. Ino korwanira, dinotukannera a mangibanyag sino nalawara damag si palulubun, e ino korwanira kappay, nepabbalinnera si pastora mimut anna manuldu sino manguruwira. ¹²Neya'danerenaya pannakadama sino korwanira a tolena

^b 4:8 Salmo 68:18

takesi matulduwanino amminira a tolayi Dios ta medadanira a masserbi sikwana. E nu nalawarino asserbiyeno kadda tata, mantatuyaggetam ammina manguruwa gumabbaggiyi Kristo ¹³makkiyad si mittatengke ino nakantam sino angnguruddam annino pannakaammutam mappeafu ki Kristo a Abbingi Dios. Nu kunnenoy, meyampariyetam si dokalla tolaya nanakammin, e mekunveno aggangwatam sino nalawara aggangwa i Kristo a awana kurangnga. ¹⁴Nu antuweno akwantam, ammetamun mekunna si abbinga abbaawino nakanda, se ammetam tagakurukurug sino tangatanganana tuldu, e ammetangkappay mabalabaliyan sino massisiriyera a manuldu si bakkanna gakkurug. ¹⁵Ammetammad tuntulannino aggangwara, nu ammetam lud tuntulannino kakuruwana tuldu anna sapitantam sino bafuluntamira gafu sino agganggantam sikwara, takesi mekunnetamungke ki Kristo sino ammina akwantam se kunnangke antuweno ulutam. ¹⁶Gafu se antuweno kunnangke ulutam, antuweno makammu sikwatama kunnangke baggina, e lawaranneno patatarubburantama partina takesi pittatandetama makkaduduffun. E nu akwantama partina baggineno meannunga tarabafutam, dumokallino baggi anna mantatuyag gafu sino pakkaaanggamantam.

Ino Bawuwa Biyag Ki Kristo

¹⁷Antuyawino anggammi Afu Jesus a sapitangku sikwayu gafu sino pittatantam sikwana. Talekkurandonaddino aggangweno ammera mangurug, se ino tuntulanda, ino maggabwat sino nakanda a awana ketupakkanna. ¹⁸Gafu se natagगतino ulura, ammera anggamma maammuwano mappeafu ki Dios, antuweno lammuk kepayino nakanda, e awan sikwareno biyaya iya'da i Dios. ¹⁹Antu gafuna, awanin gi'atallanda, se massiki sanneno panggammanino baggira a narakkat onnu ka'atatal, akwanda pelanga awana makatipad sikwara.

²⁰Udde ikkayu, bakkanna kunnenayino naammuwandaw mappeafu ki Kristo, ²¹se sino annuntuldaw sikwana, natulduwangkayu sino kakuruwana tulduwa naita kappay sino biyangnga. ²²Antu gafuna, ibbattandonaddino dadana annandandaw anna aggangwayu, se ireno paggabwatanino narakkatta panggammanino baggiyuwa mamalabali sikwayu, e antuneno manaral sikwayu. ²³Kunnantu, maawag si mapabawuweno nakandaw. ²⁴Pabbawundonaddino nakandaw ki Dios takesi mekunveno nakandaw sikwana, se nu antuweno akwandaw, maita sino biyaddawa gakkuruwa naggaddang anna nadosan.

²⁵Ammekayu nad massisiri, nu ammena lud gakkurug pelangino sapitandaw sino bafulundawira, se nesapatetam ammin sino baggiyi Kristo. ²⁶Nu mabbungukkayu, ammeyu nad ituluk si makaliwakkayu. Pabbabawandawino nakandaw ta ammekayu mappafufuwabba mabbungut ²⁷takesi awana waya i Satanas a manutunggung sikwayu.

²⁸Nu wara gumatakaw sikwayu, ibbattanna nad kesi mallappatta mattarabafu ta wara pappanna si pabbiyangnga anna wara meduffunna sino kakallakkira a tolay. ²⁹Awaningke nadda sapitandaw si narakkat, nu ammeyu lud sapitannino makaduffun anna mappatuyag sino nakammimo maningngaggira sikwayu ta antuweno pallawaranda. ³⁰Ammeyu nad pallowanino nakammimo nadosana Espirituwi Dios, se antuweno neya'da i Dios sikwayu a kunnangke senyal si tolenakayuwi Dios, e ino pattalaginaranna sikwayu, antuweno pangammuwandaw si gakkuruwa mesalakkayu nanu muliyi Kristo. ³¹Ariyandonaddino ammina kunnayaw sino nakandaw: ino loneno nakandaw, ino pakkalussawandaw sino bulundaw, annino bungubungu'daw sikwara. Ammekayu nad massasarombat anna ammekayu nad mamaraparal sino bafulundawira. Ammekayu nad maanggam nu wara narakkatta makwa sikwara. ³²Ammekayu nad mangwa si kunnenay, nu ammekayu lud makkaduduffun anna makkaaallak, e makkapakomakayu naggappay a kunna payino inangwa i Dios a namakoma sikwayu gafu ki Kristo.

Ino Akwan Naddino Tolayira A Mattalaginad Sino Nabaggaw

5 ¹Kunnantu, gafu se abbindakayuwi Dios a iiddukanna, antu naddino tuntulandaw ²takesi makkaaanggangkayu a kunna payin nepanggammi Kristo sikwatam. Se neya'daneno baggina a matay para sikwatam a kunnangke nabanguwa newa'la'na ki Dios a mappaanggam sikwana.

³Antu gafuna, ammekayu nad makibulun onnu mangwa si korwana kaddadakkut. Ammeyu kappenad a'runannino bakkanna akwayu. Massiki ino passapitandaw si kunnenay, ammena meannung sikwayuwu tolayi Dios. ⁴Ammena kappay meannung sikwayuweno massapit si narakkatta awana ketupakkanna onnu miyaammu sino kaddadakkuta sapit, se ino nad akwandaw, mappasalamappelang ki Dios. ⁵Se ammuyu si ammenangke mesapat sino patturayani Dios anni Kristoweno tolaya makibulun onnu mangwa si korwana kaddadakkut. Kakunnana kappayino minga'run sino bakkanna akwana, se ino kabbatanna, kunnangke antuweno diosna. ⁶Ammekayu nad mabalabaliyan sino massisiriya a massapit si ammena narakkattino mangwa si kunnenay, se ino kunnenaya aggangwa, antuneno gafuna a kastigunira i Diosino ammena mangurug sikwana. ⁷Kunnantu, ammekayu nad mebumbulun sino tolayira a kunnenay. ⁸Se si'in, ngyangkayu kepay sino lammuk, udde sitoya, nawaldanino nakandaw gafu sino nesapatandaw ki Afu Jesus. Antuweno akwandonaddino meannung sino tolayira a mattalaginad sino nabaggaw, ⁹se ino tupa'ngenay, nalawad, naggaddang, anna kakuruwanino ammina akwandaw. ¹⁰Adalandonaddino panggammani Afu Jesus ta antuweno akwandaw. ¹¹Ammekayu

nad mebumbulun sino anera kepay si lammuk nu mangwera si narakkatta awana ketupakkanna. Ino akwandonad, nalawannaddino aggangwayu takesi antuweno pangitanda si narakkattino aggangwara. ¹²Se ino akwanda a ammera ipakaammu si korwan, ka'atatalingke, massiki masapippelang. ¹³Se nu masirwatanino ana sino lammuk, maiteno gakkuruwa gagangena. ¹⁴E amminira a masirwataningke, mattalaginarira sino nabaggaw. Antu kappayino sapitannino kanta a kunna si,

“Ikka a aggakaturug, mafakkan. Mangngangolika a natay, ta waldani Kristoweno nakammu.”

¹⁵Aggadandammandonaddino akwandaw takesi ammeyu tuntulannino aggangweno kurang kepayino anggammura ki Dios, nu ammekayu lud mekunna sino nalaingira a maddandam ki Dios. ¹⁶Kanayungkayu nadda maddadana mangwa si nalawad, se sitawa tiyempo, odduweranino mangwa si narakkat. ¹⁷Ammena nad kurangino anggammuyu ki Afu Jesus, nu ammeyu lud aggadandammannino anggamma a akwandaw. ¹⁸Ammekayu nad mabbobok, se antuweno manaral sikwayu. Awan nadda korwana mangifuyut sikwayu, nu bakkampelangino Espirituwi Dios. ¹⁹Se nu antuweno mangifuyut sikwayu, kunnayawino akwandaw: nu makkakarampakkayu, makkapadapadandangayu sino sapi'na Salmo, ino korwanira a kanta a paddayaw ki Afu Jesus, andino kanta a mappatuyag sino annguruddaw, e kakkantandawira a paddayaw sikwana. Bakkampelangino bifiddawino makkanta, nu ammena lud maggabwat sino nakandaw. ²⁰Kanayungkayu nadda mappasalamat ki Dios a Ama sino ammina makwa gafu sino annala'daw ki Jesu Kristo a Afutam. ²¹E makkatulutulukkayu nad gafu sino anngiyataldaw ki Kristo.

Ino Nalawara Akwanino Matawera

(Col. 3:18-19; 1 Ped. 3:1-7)

²²Ikkayuwa bafabbay, natulukayu nad sino a'atawayuwera se antuweno anggammi Afu Jesus a akwandaw. ²³Se ino lalakiyeno guman ulu sikwayuwa matawa, a kunna payi Kristo a guman ulu sikwatam ammina mangurug sikwana a meyamparig si baggina. I Kristo kappayino mangisalak sikwatam ammina gumabbaggina. ²⁴Kunnantu, natulukayungke nadda bafabbay sino a'atawayuwera a kunneno akwantama manguruwa natuluk ki Kristo.

²⁵Ikkayu kappaya lallaki, anggammandonaddino a'atawayuwera a kunneno aggangammi Kristo sikwatam ammina mangurug. Se ino inangwana, neya'daneno baggina a natay para sikwatam ²⁶takesi pabbalindetam si tolayi Dios a awaningke liwat gafu se inunafandetam si danum andino sapi'na. ²⁷Ino gafunenaya inangwana, takesi

nadosanetam anna awaningke liwattam, e nanu muliya mayag sikwatam, nalawaretamungkena sino angngitana se awaningke pakkurangantam. ²⁸Kunnantu, ikkayuwa lallaki, anggammandonaddino a'atawayuwera a kunneno agganggandaw sino baggiyungkepay. Nu antuweno akwandaw, ino baggiyungkepayino aanggammandaw, se nittatakayuna matawa. ²⁹Awaningke a tolaya makkalussaw sino bagginangkepay, nu ammena lud imutan anna iddukan. Kunnenayino inangwa i Kristo sikwatama mangurug ³⁰se nebilandetam si gumambaggina. ³¹Aneno neturak sino sapiti Dios a kunna si, “Antuweno gafuna a anawanino lalakiyeno mapparana'ngera ta medagga sino atawana e mittatera.”^c ³²Odduweno maammuwan sitawa naunagga tuldu, se ikkanak, iyampariggu ki Kristo andino manguruwira sikwana. ³³Udde ana kappepayino anggamma sapitan mappeafu sikwayuwa matawa, e kunnayaw. Ino lalaki, anggammana naddino atawana a kunna payino agganggamma sino bagginangkepay. Ino pay bafay, iyatalna penaddino atawana.

Ino Nalawara Akwanino Aanakira Annino Mapparanakira

6 ¹Ikkayuwa aanak, kuruwandonaddino mapparana'dawira gafu sino nittatandaw ki Afu Jesus, se antuweno meannunga akwandaw. ²Se aneno lintiyi Dios a kunna si, “Dayawannu nad da amam anni inam.” Antu kappayino palunguwa lintiyi Dios a aneno labuta ikarina sino manguruwa ³kunna si, “Nu kuruwannu, nalawanneno akkakokwam e mabayino katolayannu sito lubag.”^d

⁴Ikkayu paya mapparanak, ammeyu nad pabbungutanino aana'dawira, nu ammeyuwera lud tunan anna tulduwan si nalawad a tuntulandawino akwan naddi Afu Jesus nu antuweno mana'da.

Ino Nalawara Akwanino Aripannira Annino Mangaripannira

(Col. 3:22–4:1; Tito 2:9-10; 1 Ped. 2:18-20)

⁵Ikkayuwa aripan, kuruwandonaddino mangaripannira sikwayu sito lubag. Iyataldawira anna iyekwayungke ino damayuwa mangwa sino pangwara sikwayu a kunnangke ino akwandaw nu i Kristoweno passerbiyandaw. ⁶Bakkampelanga gafu se aggitandakayuweno mangaripannira sikwayuweno pallappattandaw sino tarabafuyu ta anggammandakayu, nu ammeyu lud ibilang si i Kristoweno passerbiyandaw ta kanayungkayuwa mallappatta mangwa sino panggammani Dios. ⁷Maanggangkayu nadda mangwa si massiki sanna a paangwara sikwayu a kunnangke i Kristoweno passerbiyandawa bakkampelanga tolay. ⁸Se ammuyu si labutani Afu Jesusino aminnira a tolay sino nalawara akwanda, massiki nu aripannira onnu bakkan.

^c 5:31 Genesis 2:24 ^d 6:3 Exodo 20:12; Deuteronomio 5:16

⁹Ikkayu paya mangaripan, nalawad kappenaddino akwandaw sino aripandawira. Ammeyuwa nad tantalawan, se ammyu si nakkakarunnakayu andino aripandawira sino angngita i Afu Jesus sey langita afutam ammin, e awana tolaya ta'wiyanna.

Ino Palanira Iya'da I Dios

¹⁰Antuyawino ambu'nenno sapitangku sikwayu. Pattuyaggandonaddino angnguruddaw gafu sino pannakadama a ana sikwatam gafu sino nesapatantam ki Afu Jesus. ¹¹Usarandokappenaddino ammina iya'da i Dios a palaniddaw takesi ammekayu maaffut sino pamalabaliyi Satanas. ¹²Se ino kagubattam, bakkannino kasittoletam, nu ammena lurino pangafuwanira andino tatturayireno dimonyu sey kalekay, ino anituwera, andino korwanira a mannakadama a ammena maita a matturay sino tolayira sito lubagga anera kepay si lammuk. ¹³Antu gafuna, usarandonad amminino palanira neya'da i Dios sikwayu takesi madadangkayu nu wara narakkatta makwa. Nu antuweno akwandaw, mattuyaggayuwa makiyubat ki Satanas kiyad si masinduveno gubat, e ammerakayu maaffut.

¹⁴Kunnayawino kunnangke armas anna barawasina sindaluwa awandaw takesi madadangkayuwa makiyubat. Ino kunnangke sintarondaw, antuweno sapitandaw sino kakuruwan. Ino iyabbundawa palanid sino ta'gandaw, antuweno naggaddangnga aggangwayu.

¹⁵Ino kunnangke sapatu'daw ta ammekayu mekulappiyat, antuweno nasiyanakka nakamma naggabwat sino nalawara damaga kinuruddaw.

¹⁶Ino kunnangke kalataddaw, antuweno angnguruddaw ki Kristo. Antuweno meusar takesi mesoltat anna maaddappino gumigillayafa albiya ipana i Satanas. ¹⁷Ino kunnangke helmetdaw, antuweno innanamandaw si mesalakangkayu. Ino kunnangke sase'daw, antuweno sapiti Dios a padandammimo Espirituwi Dios sikwayu.

¹⁸Sino pusarandaw ammin sinaya armas, kanayungkayu nadda marang si duffuni Dios. Ino Espirituwi Dios naddino mifuyut sikwayu sino kararaddaw, e ammeyu nad kalyawana marang si duffuni Dios para sino amminira a tolana, nu ammekayu lud mallappatta mikararag sikwara.

¹⁹Ikararandappay takesi itulduwi Diosino sapitangku nu manulduwak anna takesi matturirak a mangipakaammu sino nalawara damaga ammena nepakaammu si'in. ²⁰Se dinundunnaki Kristo si pannakabaggina takesi ipakaammukino nalawara damag, e antu gafuneno nabalurangu sito ingkein. Kunnantu, ikararandak takesi matturirak a manuldu, se antuweno nalawara akwangku.

Ino Ambu'nenno Turak

²¹I Tikicoweno dundunangu sikwayu ta ipakaammuneno ammina nakwa sikwak. Antuweno kolattama iiddukangu e matalakka masserbi

ki Afu Jesus. ²²Dinundungku sikwayu ta ipadamangnga nu manantokami sitaw anna ta pattuyagganneno nakandaw.

²³Ikkayuwa kakkolak, passiyanakan naddi Dios Ama anni Afu Jesu Kristoweno nakandaw, e pattuyagganda naddino angnguruddaw ta madadaggananino pakkaaanggammandaw. ²⁴Allakkandakayu naddi Dios, ammingkayuwa mabbalanayuna manggam ki Afu Jesu Kristo.